



Benton Franklin Health District WIC Facts: 2009

Special Supplemental Nutrition Program for Women, Infants and Children (WIC)

Infants Born in County Served by WIC

Benton.....	58%
Franklin.....	71%
Statewide.....	51%

Women, Infants and Children Served

Total: 11,999

Infants and children under 5..... 8600

Pregnant, breastfeeding and postpartum women..... 3399

WIC and the Farmers Market Nutrition Programs Benefit the Local Economy

Dollars to grocery stores
\$4,854,736

Dollars to farmers
\$36,930

WIC Families

Working families..... 69%

Families living in poverty.....66%
Even though they are working, the majority of WIC families are living in poverty. In 2008, the monthly income for a family of four living in poverty was \$1,766 or less.

WIC Nutrition Education Promotes Health Choices

Total nutrition education sessions29,287

WIC nutrition education:

- Emphasizes healthy habits so families can eat better and stay active to prevent obesity and other chronic diseases.
- Promotes breastfeeding for at least the first year of life. And, helps working mothers breastfeed longer by providing breast pumps.
- Helps prevent early childhood caries by giving parents ideas for healthy snacks and stressing dental care by age one.

WIC Attracts Families to Preventive Health Services

WIC referrals.....43,014
WIC helps families get the services they need.

Washington WIC

...improving the lifelong health and nutrition of women, infants and young children

Environmental Health

Community Health Centers

7102 W. Okanogan Place
Kennewick, WA 99336
Phone: 460-4200

7102 W. Okanogan Place
Kennewick, WA 99336
Phone: 460-4200

412 W. Clark St.
Pasco, WA 99301
Phone: 547-9737

310 North Seventh Street
Prosser WA 99350
Phone: 786-1633