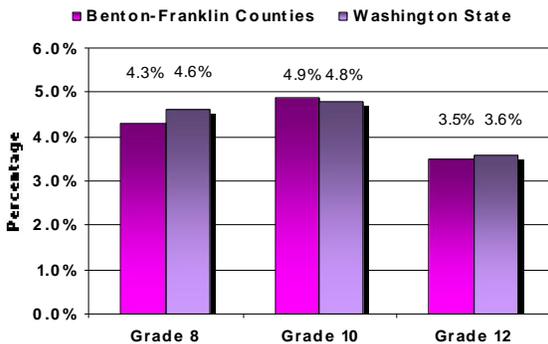


SUICIDE

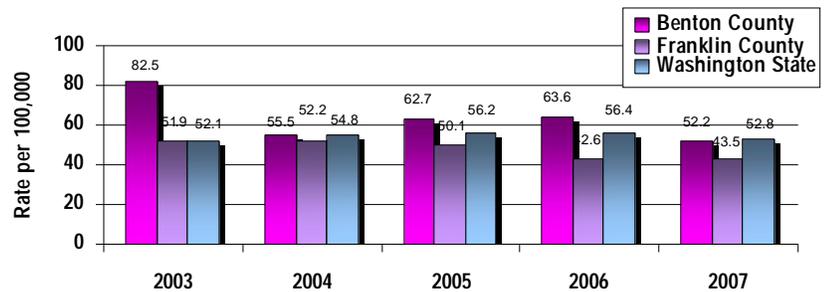
BENTON-FRANKLIN COUNTIES, 2003-2007

Key Findings: Benton-Franklin Counties' 10th graders had higher rates of attempted suicides compared to Washington State. Benton County had higher attempted suicide hospitalization rates from 2003 to 2006 compared to Washington State. Franklin County attempted suicide hospitalization rates were at or below that of Washington State from 2003 to 2007 however, Benton County has higher rates compared to Franklin County. In 2003-2004 Benton County had higher rates of completed suicides compared to both Washington state and Franklin County. There was a drastic decrease among completed suicides in 2005 for both counties. Franklin County completed suicide rates remain lower in comparison to the state from 2003 to 2007.

Attempted Suicide
Healthy Youth Survey, 2008



Attempted Suicide Hospitalizations
Benton & Franklin Counties and Washington State
2003-2007



Benton-Franklin Counties Suicides to Date for 2009: 19 (August 1)

Warning signs of suicide:

- A previous suicide attempt
- Current talk of suicide or making a plan
- A strong wish to die or a preoccupation with death
- Giving away prized possessions
- Signs of depression (such as moodiness, hopelessness, or withdrawal).
- Increased alcohol and/or other drug use
- Hinting at not being around in the future

Prevention strategies for Communities (just to name of few):

- Educate all youth & caregivers about suicide risk, and how to respond
- Create community coalitions to identify & support children at risk of suicide & their families
- Ensure accessible and effective clinical care for mental, physical, & substance abuse disorders
- Support bullying prevention efforts

Completed Suicides,
Benton & Franklin Counties and Washington State
2003-2007

