

Pregnant and parenting moms with drug and alcohol problems usually need more than just chemical dependency treatment to have long-term sobriety and healthy, happy families. Children who have been affected by drug and alcohol use can have serious and life-long effects, as well. And, when children have been removed from their mother's care, moms often need extra help so their children can come home.



“SBSM helped me in my daily life and with my past problems. I have achieved goals that I never thought were possible.”

For more information, or if you want SBSM services, contact:

Benton-Franklin Counties

Benton-Franklin Health District
7102 W. Okanogan Place
Kennewick, WA 99336
Ph. 509.582.0834
www.bfhd.wa.gov

Snohomish County

Pacific Treatment Alternatives
(PTA)
1721 Hewitt Avenue Second Floor
Everett, WA 98201-3582
Ph. 425.259.7142 ext. 200
www.pactrt.org

Whatcom County

Brigid Collins Family Support Center
Growing Together/SBSM
1231 N. Garden St., Suite 200
Bellingham, WA 98225
Ph. 360.734.4616
www.brigidcollins.org

**Helping Women and
their Children
Become Healthy,
Safe and
Self-Sufficient**



***Safe Babies,
Safe Moms***

**In Benton-Franklin,
Snohomish and
Whatcom Counties**

Do you have:

- Alcohol or drug problems?
- Legal issues?
- Unemployment?
- Unsafe housing?
- Little or no income?
- Child custody issues?
- Abusive relationships?
- Involvement with CPS?
- A lot of stress?
- Little or no medical care?
- Difficulty finding help?

If this sounds like you, Safe Babies, Safe Moms may be able to help.



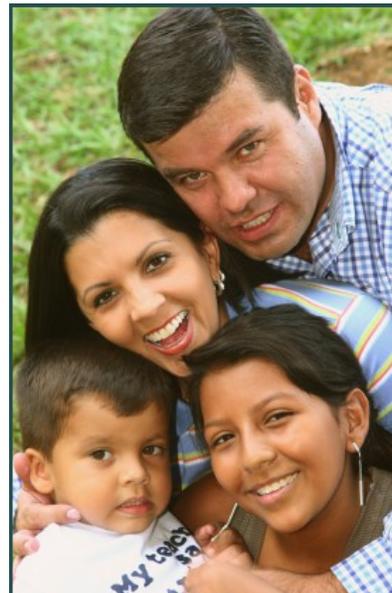
“They helped me grow as a mother and helped me get connected with housing, financial and recovery services.”



“SBSM helped me turn my whole world around - I’ve been given a chance to be a mother again - my life is worth living.”



“My case manager helped me in more ways than I can count.”



You are eligible for the *Safe Babies, Safe Moms* program if:

- ◆ You are pregnant OR have a child under the age of 2 1/2 OR have a child with Fetal Alcohol Syndrome (FAS) or Effects (FAE)
- ◆ You have a recent history of drug and/or alcohol problems
- ◆ You OR your child is Medicaid eligible
- ◆ You are over the age of 18
- ◆ You are willing to fully participate in the SBSM program
- ◆ You live in Benton-Franklin, Snohomish or Whatcom County (otherwise, see if there is a Parent Child Assistance Program (PCAP) in your county)

“I drank during my pregnancy and was afraid to ask for help. I’m so glad I did; my baby and I are now getting the help we need.”

