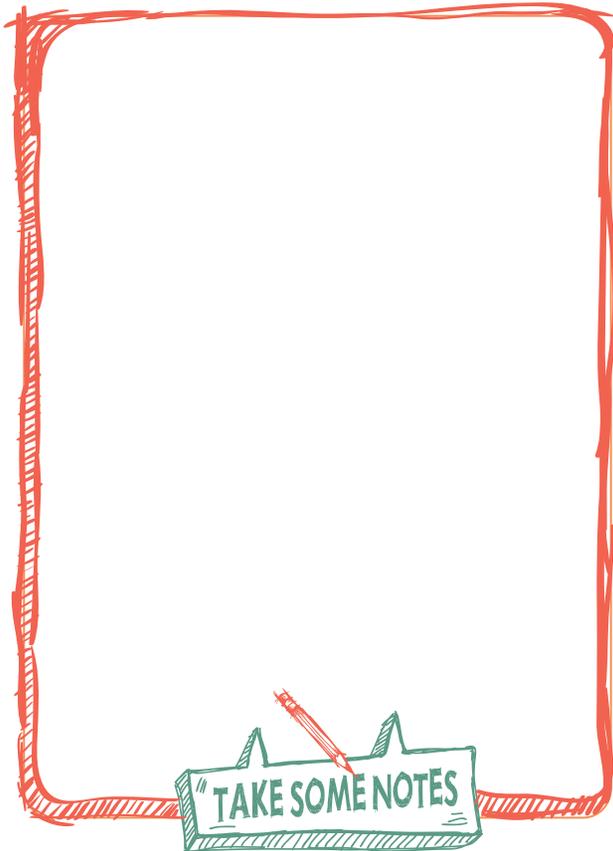


A high school education increases the chances of **SUCCESS.**

The information in this brochure is to help support smooth navigation through the system of resources in Benton & Franklin Counties, so that **PREGNANT & PARENTING TEENS** can continue their education and raise healthy families.



## PREGNANCY

Maternity Support Services	
Benton Franklin Health District	460-4225
Tri-Cities Community Health	543-1980
Catholic Family & Child Services Hope Home	545-6145
Tri-Cities Pregnancy Network	943-2124 or 544-9329
Planned Parenthood	783-2859
WIC Services- Benton Franklin Health District	460-4202 or 460-4203
WIC Services- Tri-Cities Community Health	547-2204
Birth Classes- Lourdes Birthplace	546-2229
Breast Feeding- La Leche League	946-7370
Breast Feeding Education - Benton Franklin Health District	460-4202
Open Adoption & Family Services	800-772-1115
<a href="http://www.WashingTeenHelp.org">www.WashingTeenHelp.org</a>	
<a href="http://www.Text4Baby.org">www.Text4Baby.org</a>	

## PARENTING

Poison Control	1-800-222-1222
Breast Feeding Support- BFHD Peer Counselor	460-4256
Breast Feeding Support- Tri-Cities Community Health	545-1859
Child Care Resource & Referral - Catholic Family & Child Services	543-9348
DSHS Childcare Call Center	1-877-501-2233
Head Start and Early Head Start	
Richland/Kennewick	735-1062
Pasco	544-9446
Benton City	588-5250
Early Childhood Education and Assistance Program	222-5027 or 967-6050
Ready for Kindergarten	222-5035
Our Babies Can't Wait	783-4102
Parenting Classes - Catholic Family & Child Services	545-6145
Children's Dental - ABCD	460-4253
Children's Developmental Center	735-1062
Washington State Patrol Car Seat Check	734-7029

## RELATIONSHIPS

Domestic Violence Helpline	1-800-562-6025
Domestic Violence Services of B/F Co.	582-9841
Support Advocacy & Resource Center	
Crime Victim Service Center (24 hour)	374-0130 or 1-888-9-VICTIM
Sexual Assault Crisis Line (24 hour)	374-5391 or 1-888-846-RAPE
Ignite Youth Mentoring	948-3143

## HEALTH

Take Charge Family Planning	1-800-770-4334
Emergency Contraception	1-888-NOT-2-LAT
Planned Parenthood	783-2859
Kadlec Regional Medical Center	946-4611
Kennewick General Hospital	586-6111
Lourdes Medical Center	547-7704
Tri-Cities Community Health	547-2204
Grace Clinic	735-2300
Family Health Hotline- Within Reach	1-800-322-2588
Apple Health for Kids Hotline	1-877-543-7669
Medicaid Outreach- BFHD	460-4216

## BASIC NEEDS

Richland Food Bank	943-2795
Kennewick Food Bank	586-0688
Benton City Food Bank	588-5454
Salvation Army Food Bank	547-2138
Family Food Hotline- Within Reach	1-888-436-6392
My Friend's Place- Teen Homeless Shelter	460-4985
Housing and Energy Assistance - BFCAC	545-4042
Ben Franklin Transit	735-5100
Tri-City Cab	547-7777
People for People	1-800-233-1624
DSHS Customer Service Center	1-800-562-3022
Goodwill Industries	
Richland	946-4575
Kennewick	783-2449
Pasco	547-7717

Benefits Application: [www.WashingtonConnection.org](http://www.WashingtonConnection.org)

## SUBSTANCE ABUSE

First Step Community Counseling	735-6900
Nueva Esperanza	545-6506
Somerset Counseling	942-1624
Tobacco Quit Line	1-800-QUIT-NOW
Alcoholics Anonymous	735-4086
Narcotics Anonymous	800-726-8314
ALANON/ALATEEN	545-2720
<a href="http://www.wa-al-anon.org">www.wa-al-anon.org</a>	

## MENTAL HEALTH

Crisis Response	783-0500
Youth Suicide Prevention Crisis Hotline	1-800-273-TALK
Lourdes Counseling Center	943-9104
Nueva Esperanza	545-6506
Catholic Family and Child Services	
Richland	946-4645
Pasco	545-6145

## EDUCATION

New Horizons High School/GRADS	543-6796
Tri-Tech Skills Center/GRADS	222-7300
CBC High School Academy	542-4442
In-School Youth / Out-of-School Youth Program - WorkSource	734-5978
Fast Forward	416-0304

## RIGHTS

Paternity Support- DSHS	374-2032
Child Support	1-800-345-9981
Northwest Immigrant Rights Project	(509) 854-2100
C.L.E.A.R. Hotline/NW Justice	1-888-201-1014
Benton Franklin Legal Aid Program	734-9840
Title IX Rights	<a href="http://www.titleix.info">www.titleix.info</a>

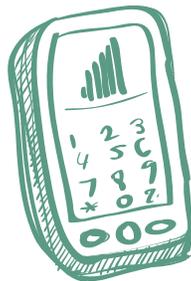


If a Pregnant or Parenting Teen has multiple areas of need, or complex concerns, please refer to one of these agencies for case management services:

**Benton Franklin Health District**  
 Maternal Child Health  
 (509) 460-4225

**Tri-Cities Community Health**  
 Maternity Support Services  
 (509) 543-1980

**Catholic Family & Child Services**  
 Hope Home  
 (509) 545-6145



Funding for this brochure was made possible under Grant #SP1AH00001S from the U.S. Department of Health and Human Services, Office of Assistant Secretary for Health, Office of Adolescent Health.

2012 Benton-Franklin Health District



**Resources and Support Services  
 for Benton & Franklin Counties**