

# Examples of Potentially Hazardous Foods

## Benton-Franklin Health District Food Service Fact Sheets

Bacteria that cause foodborne illness usually grow in certain foods. These foods are called Potentially Hazardous Foods.

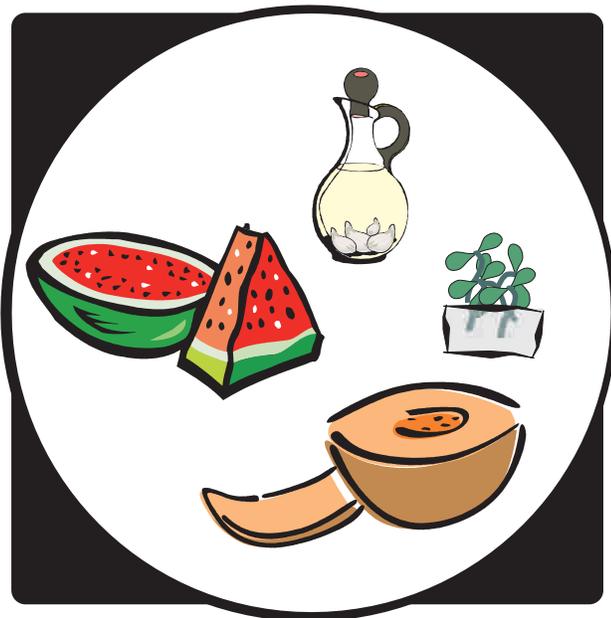
It is important to keep Potentially Hazardous Foods hot or cold to keep bacteria from growing.



Benton-Franklin Health District, Environmental Health Division

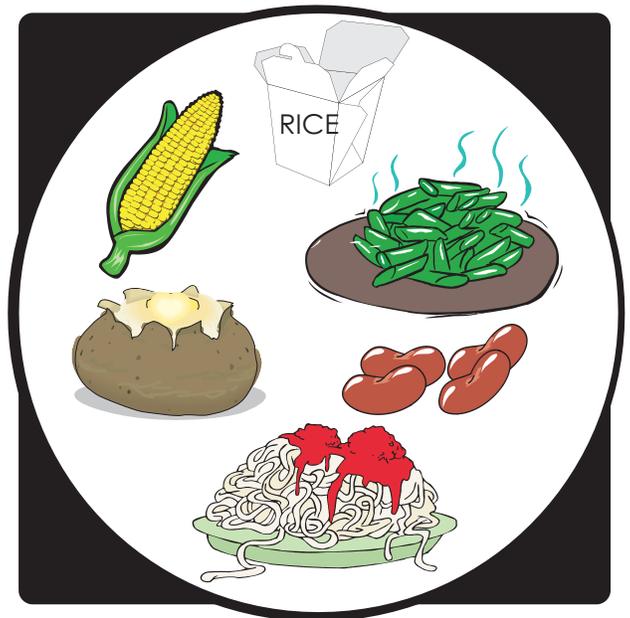
### Animal Products

Beef, Poultry, Pork, Lamb, Fish, Shellfish  
Milk, Eggs, Dairy Products



### Certain Fruits and Vegetables

Sprouts, Cut Melons, Garlic in Oils



### Cooked Plant Foods

Cooked Potatoes, Rice, Beans, Pasta  
Vegetables that will be hot held