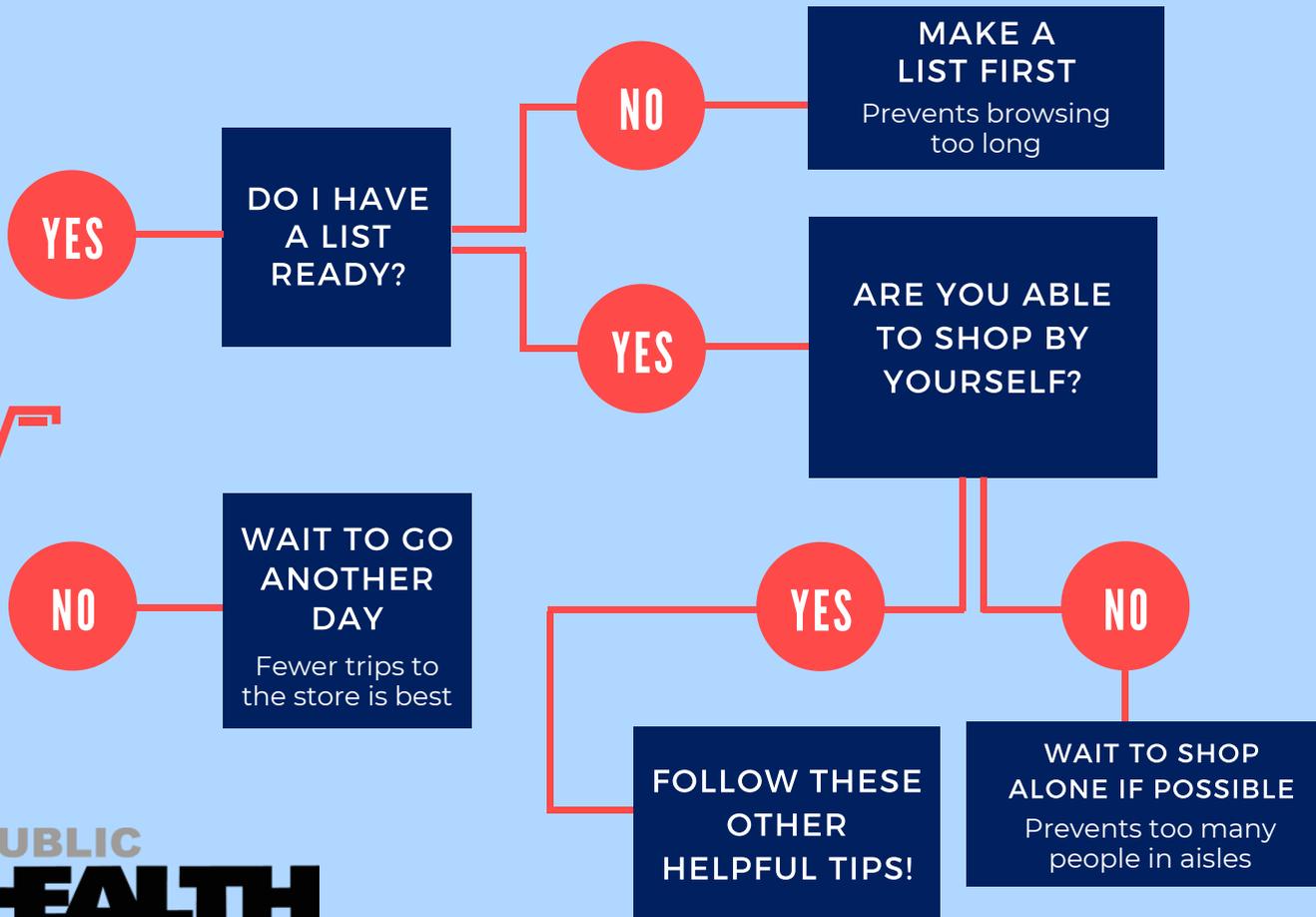


# GROCERY SHOPPING GUIDE

## DURING COVID-19

Do I really need these NOW?



### OTHER TIPS:

- Shop at less popular times
- Wear a cloth face covering
- Avoid touching your face
- Maintain 6 feet distance in line
- Use hand sanitizer when you get in the car
- Do not use cleaner or bleach on your produce!
- Sanitize your reusable grocery bags or use disposable ones
- Limit shopping trips to once a week or less