

# HELP PROTECT ONE ANOTHER FROM COVID-19

Wear a face covering and stay 6 feet apart  
from others in public spaces



Use the ties or  
loops to put your  
mask on and off



Fit coverings snugly  
but comfortably against  
the side of your face



Face coverings  
should have  
multiple layers



Avoid touching the front  
of the face covering,  
especially when taking it off



Wash and dry your  
cloth mask daily



Children should only  
wear them with  
adult supervision

Wash hands before and after wearing a mask